

Every part of our program is built on the research-supported belief that encouraging strong connections and meaningful experiences is the most effective way to keep adolescents out of trouble. We believe that our therapeutic relationships with our clients, whether formed during an individual session in an office or during a four-day canoeing trip through a canyon, have a direct impact on changing behaviors. Through our wide array of therapy approaches and services, we give our clients powerful opportunities for expressing pent-up emotions, for gaining the skills and strengths that build stable identity and self-esteem, and for feeling the power of another's positive regard.

The foundations of our program are therapy-driven prevention, intervention and accountability. Our outpatient mental health services include individual, family and group therapies that promote insight, communication and coping skills. We give our clients the tools they need to manage mental health issues such as depression, anxiety or ADHD and to conquer challenges with drugs and alcohol, negative peer influences, family struggles and involvement with the legal system.

We tailor treatment to meet each client's unique needs, offering the most innovative, effective and proven practices, such as EMDR, sandplay, animal-assisted therapy and experiential therapy. Our clients are held accountable for their choices and the consequences of those choices to self and others, and they must fulfill rigorous program requirements to successfully resolve their cases.

The Juvenile Diversion Counseling Program is administered by District Attorney Carol Chambers in the 18th Judicial District, serving Arapahoe, Douglas, Elbert and Lincoln counties. The program provides an alternative to prosecution in court for select juvenile offenders between the ages of 10 and 17. Our primary goal is to prevent further contact with the police and justice system by providing a variety of services to meet individual, family and community needs.

Diversion is staffed by masters-level therapists trained and licensed in such areas as professional counseling, social work, couples and family therapy, art therapy and addictions.

## Mission Statement

**In an atmosphere of professionalism and excellence, we provide counseling and support to juvenile offenders and their families.**

**We create opportunities for change with an emphasis on accountability and personal growth.**

Se habla Español

# Juvenile Diversion JDCP Counseling Program

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Castle Rock, CO 80104

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Littleton, CO 80120

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[www.da18.org](http://www.da18.org)

# See Them

# Hear Them

# Believe in Them

*"It helped me train myself to do things that I particularly did not want to do, but...everyone has to do some things in life that they don't want to do...it's not so bad once I'm there and it's [for] a good cause."*

- community service participant

*"It made me realize I am not the problem but part of it."*

*"It gave all of us a voice in a safe place."*

- family therapy clients

*"EMDR cuts through the trauma and after-effects in a way that they begin to lose their power..It is like waking up from a bad dream and seeing the real you, the good you, without all the negative baggage."*

- EMDR client



*"A lot of my issues involved communication...and I liked that I could receive feedback on how I communicated with my mom."*

- multi-family group client

*"I wanted to be able to hear what all the people we did this to had to say and make things right with them."*

- restorative justice participant

*"Madeline is wonderful at enhancing the therapeutic experience for our clients and is especially helpful to clients struggling with trauma or depression."*

- animal-assisted therapist

*"Just as we are naturally inclined to dig our hands and feet into the sand at the beach, sandplay therapy allows clients to dig, explore and ultimately heal feelings through creative and tactile experience."*

- sandplay therapist

*"I learned a lot about myself as well as how to treat the people around me."*

*"It even helped me help other people and helped me so much with problems from home, school and everywhere."*

- individual therapy clients

*"It was something new and it was challenging for me. It let me open up to people more."*

- wilderness client

*"I thought it would be a good experience and a chance to help other teens, like myself, through a difficult situation."*

- Teen Media Project participant

[www.uninterrupted.tv](http://www.uninterrupted.tv)

*"It was awesome venting...I really like it, and we did some amazing things that really made me dig deep on what kind of person I was."*

- art therapy client

[www.afterschoolart.org](http://www.afterschoolart.org)

# It Helps